

Who We Are

Four Sigmatic was founded in 2012 by Tero Isokauppila to share the healing power of mushrooms. Raised on a 13th-generation Finnish farm, he grew up foraging mushrooms and drinking coffee. Inspired by Finland's WWII use of mushrooms as a coffee substitute, Tero created the Original Mushroom Coffee. Today, Four Sigmatic has sold over 200 million cups, and continues to help people elevate their everyday routines.



+100k



5-STAR RATINGS

What We Do

We infuse mushrooms and superfoods into everyday staples such as coffee, tea, protein powder and supplements to help consumers with energy, cognitive health, immune & gut support, and stress management. All of our products are USDA Organic, third party tested, free of gums, fillers, and artificial ingredients. We are now a top coffee on Amazon, and in the top 5 natural/ organic coffees in the natural channel!