

PREPARE YOUR MIND



## We're on a mission to make a better mood accessible to all!

After Zak's dad took his life in August of 2014, his anxiety went into overdrive.

Olivia June turned her husband, Zak, on to amino acids after she had success regulating her mood with amino acids that her doctor recommended. Zak started to feel better—more balanced, calm, and in control.

Together, they created Pym (Prepare Your Mind) so you can be proactive and prepare your mind to handle everyday stressors.

**Zak Williams,**  
Pym Co-founder & CEO

**Olivia June Williams,**  
Pym Co-founder



# PYM CHEWS

## Focus & Energy

Support For: ✓ Distraction ✓ Procrastination ✓ Focus

SUPPLEMENT FACTS		
Serving Size: 1 chew (4.5g) Servings Per Container: 20		
Amount Per Serving		% Daily Value*
Calories	8	
Total Carbohydrates	2g	1%
Total Sugars	1g	**
Includes 0 Added Sugars		0%
Acetyl L-Carnitine HCl	518mg	**
Tyrosine	54mg	**
L-Taurine	11mg	**
L-Theanine	2mg	**
L-Glycine	1.07mg	**
Zinc Glycinate	1.3mg	12%
Vitamin B6 (Pyridoxine HCl)	1mg	59%
Vitamin B12 (Methylcobalamin)	0.7mcg	29%

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

Other Ingredients: Erythritol, Tapioca Syrup, Filtered Water, Blueberry Extract, Pectin, Natural Strawberry Flavor, Citric Acid, Sodium Citrate, Monk Fruit Extract.

UNFI  
E 319149

Kehe Code: 02305275  
Threshold Code: PN8102



Attention Chews

SUPPLEMENT FACTS		
Serving Size: 1 chew (4.5g) Servings Per Container: 20		
Amount Per Serving		% Daily Value*
Calories	8	
Total Carbohydrates	2g	1%
Total Sugars	1g	**
Includes 0 Added Sugars		0%
GABA (Gamma-Aminobutyric Acid)	130mg	**
L-Theanine	90mg	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

Other Ingredients: Tapioca Syrup, Erythritol, Filtered Water, Pectin, Natural Lemon Balm Citrus Flavor, Citric Acid, Monk Fruit Extract, Calcium Citrate.

UNFI  
E 296831  
W 41715

Kehe Code: 02305281  
Threshold Code: PN8100



Citrus Mood Chews

SUPPLEMENT FACTS		
Serving Size: 1 chew (4.5g) Servings Per Container: 20		
Amount Per Serving		% Daily Value*
Calories	8	
Total Carbohydrates	2g	1%
Total Sugars	1g	**
Includes 0 Added Sugars		0%
GABA (Gamma-Aminobutyric Acid)	130mg	**
L-Theanine	90mg	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

Other Ingredients: Tapioca Syrup, Filtered Water, Pectin, Vegetable Juice (Color), Natural Strawberry Flavor, Citric Acid, Calcium Citrate, Erythritol.

UNFI  
E 296830  
W 41714

Kehe Code: 02305284  
Threshold Code: PN8101



Berry Mood Chews



All-natural amino acids proven to support your brain's ability to produce the neurotransmitters you need for optimal mental wellness.

MSRP	Cost	Unit Count
\$16.99	\$7.87	20 Pieces
Unit Dimensions	Servings Per Tin	
2.5" x 1.1" x 4.1"	20 Servings	

# PYM MOOD MAGNESIUM

## Sleep, Memory & Stress

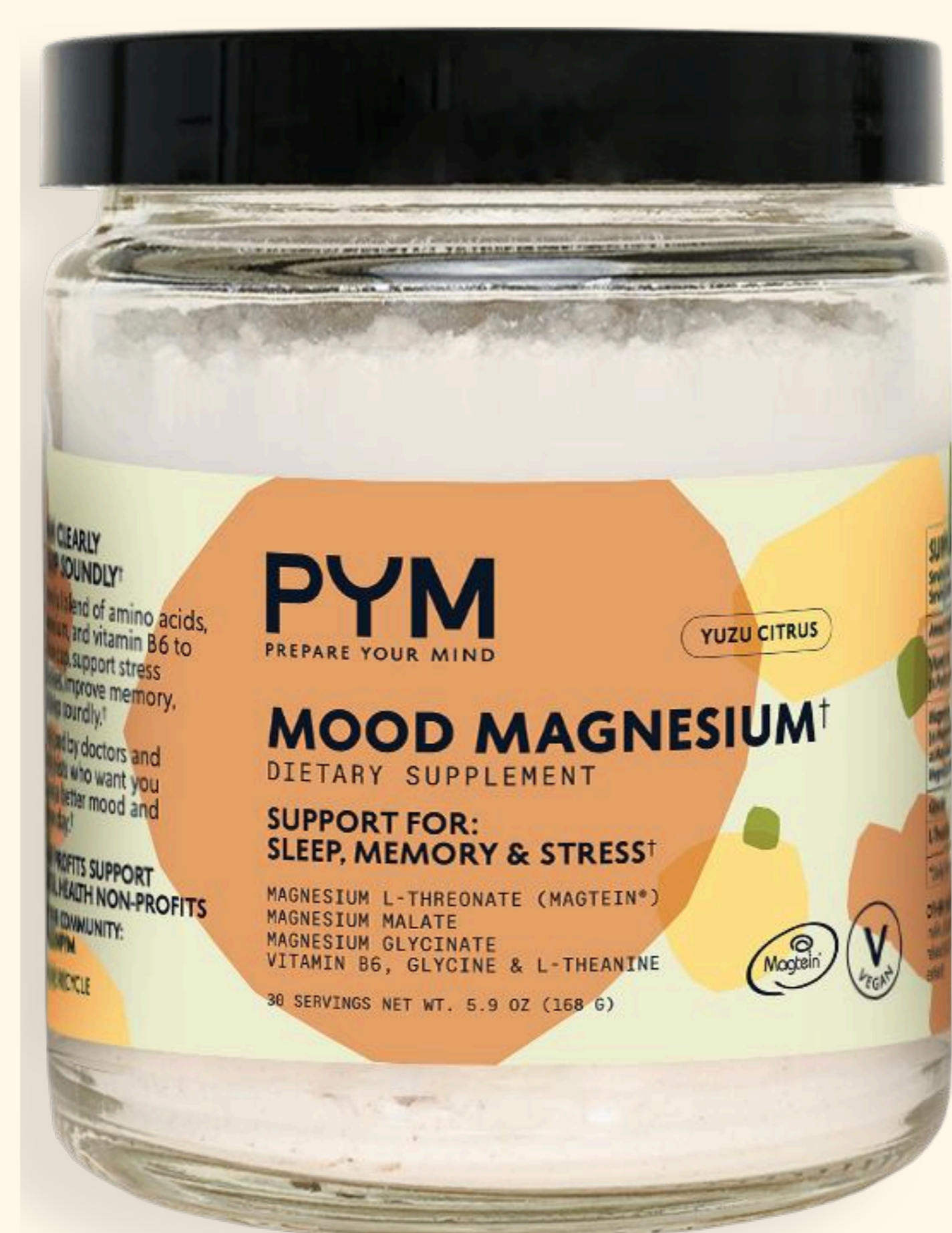
Support For: ✓ Sleep ✓ Mind ✓ Stress

Think clearly & sleep soundly with the most powerful magnesium blend for your mind, enriched with amino acids to get you to a restful state.

SUPPLEMENT FACTS		
Serving Size: 1 Scoop (5.6 g) Servings Per Container: 30		
Amount Per Serving		% Daily Value
Vitamin B6 (as Pyridoxine HCl)	5 mg	294%
Magnesium (as Magtein® Magnesium L-Threonate, as Magnesium Glycinate and as Magnesium Malate)	250.5 mg	60%
Glycine	500 mg	**
L-Theanine	100 mg	**

OTHER INGREDIENTS: Citric acid, inulin, silicon dioxide, organic flavor, rebaudioside A (from stevia leaf extract).

Kehe: 02305285  
Threshold: PN0203  
UNFI E 319150



SUPPLEMENT FACTS		
Serving Size: 1 Stick (5.3 g) Servings Per Container: 10		
Amount Per Serving		% Daily Value
Vitamin B6 (as Pyridoxine HCl)	5 mg	294%
Magnesium (as Magtein® Magnesium L-Threonate, as Magnesium Glycinate and as Magnesium Malate)	250.5 mg	60%
Glycine	500 mg	**
L-Theanine	100 mg	**

Other Ingredients: Citric Acid, silicon dioxide, organic flavor, rebaudioside A (from stevia leaf extract), inulin.

Kehe: 02418503  
Threshold: PN0203  
UNFI E 319150



MSRP	Cost	Net Weight
\$54.99	\$24	5.5 oz
Unit Dimensions	Servings Per Jar	
2.875" x 2.875" x 3.5"	30 Servings	

MSRP	Cost	Net Weight
\$25.99	\$10.10	1.87 oz
Unit Dimensions	Servings Per Carton	
2.25" x 2.25" x 5.25"	10 Servings	

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