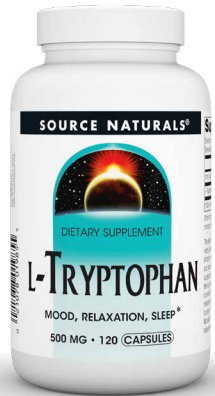




**SOURCE**  
NATURALS®



**CAPSULE**  
**500 MG**

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23 Janis Way  
Scotts Valley, CA 95066  
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# L-TRYPTOPHAN

**MOOD, RELAXATION, SLEEP\***

## OVERVIEW

Stress is at an all-time high, but everyone experiences it a little differently. If it feels like your mood needs a recharge so you can unplug and sleep peacefully later, the amino acid L-tryptophan can support you on multiple levels. As a precursor of both melatonin and serotonin, it's involved with mood, stress response, and the sleep-wake cycle. If needed, L-tryptophan converts to vitamin B-3 in the body, which supports circulation, a healthy nervous system, the metabolism of food, and the production of hydrochloric acid for the digestive system. Finally, L-tryptophan may also help support healthy immune function, because it is a precursor to kynurenines, which have been shown to modulate immune responses.\*

## SELLING POINTS

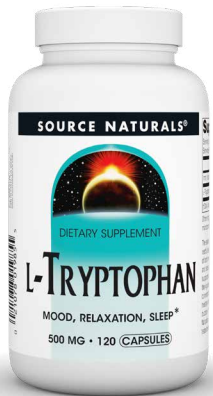
- Helps support a healthy mood so you can relax and rest
- Supports serotonin production for a positive outlook
- Helps the body produce melatonin to support natural, restful sleep
- Supports healthy levels of vitamin B-3, which in turn support a healthy nervous system, metabolism, and circulation
- Formulated with 500 mg of L-tryptophan, which is extremely pure and is regularly tested to ensure the highest standards of quality\*

SKU	UPC	SIZE	TYPE
SN1984	0 21078 01984 8	60	CAPSULE
SN1985	0 21078 01985 5	120	CAPSULE

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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SourceNaturals.com

# L-TRYPTOPHAN

MOOD, RELAXATION, SLEEP\*

## Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 40

	Amount Per Serving	%DV
L-Tryptophan (25 mg niacin equivalents)	1.5 g	†

†Daily Value not established.

### OTHER INGREDIENTS

Gelatin (capsule), magnesium stearate, silica, microcrystalline cellulose, and dibasic calcium phosphate.

### WARNING

STORE IN A COOL, DRY PLACE. If you are pregnant, may become pregnant, breastfeeding, or are taking medications such as SSRIs or MAOIs, consult your health care professional before using this product. **Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

### ALLERGENS

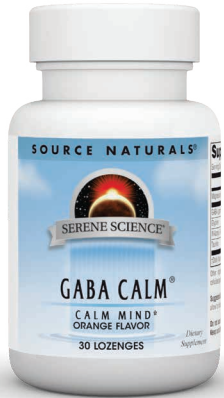
Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no preservatives, or artificial color, flavor or fragrance.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# SERENE SCIENCE® GABA CALM®

## CALM MIND\*



**LOZENGE**  
**ORANGE FLAVOR**

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**SOURCE NATURALS, INC.**

23 Janis Way  
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### OVERVIEW

Stress is at an all-time high, but everyone experiences it a little differently. That's the beauty of our Serene Science® line, which offers diverse solutions for those looking to keep calm and carry on. Serene Science® GABA Calm® combines two of the main inhibitory neurotransmitters, GABA and glycine, with N-acetyl L-tyrosine, which is a precursor to the neurotransmitters dopamine and norepinephrine. In addition, taurine supports the calming effects of GABA.\*

### SELLING POINTS

- Features GABA plus additional ingredients for relaxation and mood support
- Includes glycine, taurine, and N-acetyl L-tyrosine, which work with GABA to support a calm mind
- May help alleviate the effects of stress induced by mental tasks and encourage restful sleep, according to a clinical trial that studied GABA
- Convenient lozenge delivery form in a juicy orange flavor\*

SKU	UPC	SIZE	TYPE
SN0986	0 21078 00986 3	30	LOZENGE
SN0987	0 21078 00987 0	60	LOZENGE
SN0269	0 21078 00269 7	120	LOZENGE

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# SERENE SCIENCE® GABA CALM®

CALM MIND\*



**LOZENGE**  
**ORANGE FLAVOR**

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**SOURCE NATURALS, INC.**

23 Janis Way  
Scotts Valley, CA 95066  
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## Supplement Facts

Serving Size 1 Lozenge

	Amount Per Serving %DV	
Magnesium (as magnesium amino acid complex)	5 mg	1%
GABA ( <i>gamma</i> -aminobutyric acid)	125 mg	†
Glycine	50 mg	†
<i>N</i> -Acetyl L-Tyrosine	25 mg	†
Taurine	20 mg	†

†Daily Value not established.

### OTHER INGREDIENTS

Sorbitol, mannitol, stearic acid, modified cellulose gum, natural orange flavor, and magnesium stearate.

### WARNING

Contains tyrosine. Not to be used with MAO inhibitor drugs. If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product. **Store in a cool, dry place. Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

### ALLERGENS

N/A

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# SERENE SCIENCE® THEANINE SERENE®

CALM MIND & BODY\*



TABLET

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**SOURCE NATURALS, INC.**

23 Janis Way  
Scotts Valley, CA 95066  
SourceNaturals.com

## OVERVIEW

Stress is at an all-time high, but everyone experiences it a little differently. That’s the beauty of our Serene Science® line, which offers diverse solutions for those looking to keep calm and carry on. Serene Science® Theanine Serene® features the amino acid L-theanine to support calm focus, along with magnesium to support muscle and nerve relaxation. It also includes GABA, which helps filter out excess stimulation to aid with stress management, and taurine to help support GABA’s calming effects. The herb holy basil is included to support a healthy stress response. With its ability to get you calm, relaxed, and focused, this formula might just become your new study buddy or office bestie.\*

## SELLING POINTS

- Brings together minerals, amino acids, and botanicals for comprehensive stress response support
- Supports the natural pathways to focus and relaxation with L-theanine
- Includes GABA and magnesium for their calming and relaxing effects on the body
- Provides dual mind-body support with the adaptogen holy basil, which along with L-theanine may help ease some mental and physical aspects of everyday stress, including tension and occasional anxiety\*

SKU	UPC	SIZE	TYPE
SN1774	0 21078 01774 5	30	TABLET
SN1775	0 21078 01775 2	60	TABLET
SN1776	0 21078 01776 9	120	TABLET

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# SERENE SCIENCE® THEANINE SERENE®

CALM MIND & BODY\*



TABLET

Call Your Sales Representative Now to Place Your Order  
800-777-5677

### SOURCE NATURALS, INC.

23 Janis Way  
Scotts Valley, CA 95066  
SourceNaturals.com

## Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 30

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	1 g	<1%*
Magnesium (as magnesium amino acid complex)	300 mg	71%
Sodium	5 mg	<1%
GABA ( <i>gamma</i> -aminobutyric acid)	500 mg	†
Taurine	450 mg	†
L-Theanine	200 mg	†
Holy Basil Leaf Extract	100 mg	†

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.  
†Daily Value not established.

### OTHER INGREDIENTS

Sorbitol, stearic acid, hydroxypropyl cellulose, modified cellulose gum, and silica.

### WARNING

If you are pregnant, may become pregnant, or breastfeeding, or taking any medication including antidepressant drugs such as MAOIs, SSRIs, or other neuropsychiatric drugs or supplements such as St. John's wort, consult your health care professional before using this product. Excessive consumption may impair ability to drive or operate heavy equipment. Not recommended for consumption with alcoholic beverages. **Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

### ALLERGENS

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy, or wheat. Contains no sugar, preservatives, or artificial color, flavor or fragrance.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# SLEEP SCIENCE® MELATONIN

HELPS PROMOTE SLEEP\*



**1 MG  
LOZENGE  
ORANGE**

Call Your Sales  
Representative Now to  
Place Your Order

800-777-5677

**SOURCE NATURALS, INC.**

23 Janis Way  
Scotts Valley, CA 95066  
SourceNaturals.com

## OVERVIEW

Sleep is essential to wellness, and health needs are at a higher level than ever before, yet as much as thirty-five percent of Americans get less than the recommended seven hours of sleep a night. Source Naturals® was the first to bring melatonin to the marketplace over 20 years ago because melatonin is integral to healthy sleep. The body naturally produces this important hormone to help regulate our sleep-wake cycle, but as we age, the ability to produce optimal levels often decreases. That's why we developed Sleep Science®, which expands our potencies, delivery forms, flavors, and formulas to meet people's unique sleep support needs.\*

## SELLING POINTS

- Helps promote sleep with melatonin, a favorite of travelers, night shift workers, and anyone who wants restful sleep
- Quick-dissolving form of melatonin
- Excellent alternative for those who don't like to swallow pills
- Great for travel
- Delicious orange flavor\*

SKU	UPC	SIZE	TYPE
SN0706	0 21078 00706 7	60	LOZENGE
SN0707	0 21078 00707 4	120	LOZENGE
SN0708	0 21078 00708 1	240	LOZENGE

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# SLEEP SCIENCE® MELATONIN

HELPS PROMOTE SLEEP\*



1 MG  
LOZENGE  
ORANGE

Call Your Sales  
Representative Now to  
Place Your Order

800-777-5677

**SOURCE NATURALS, INC.**

23 Janis Way  
Scotts Valley, CA 95066  
SourceNaturals.com

## Supplement Facts

Serving Size 1 Lozenge

Amount Per Serving	
Melatonin	1 mg†

†Daily Value not established.

### OTHER INGREDIENTS

Sorbitol, mannitol, natural orange flavor, magnesium stearate, and stearic acid.

### WARNING

USE ONLY AT BEDTIME. For adult use only. Not for use by children, teenagers, or women who are pregnant, may become pregnant, or breastfeeding. If you are under medical supervision, or have an autoimmune disease, diabetes, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs or corticosteroids such as hydrocortisone or prednisone, consult your physician before using this product. Do not take with alcoholic beverages or when operating machinery or driving a vehicle. STORE IN A COOL, DRY PLACE. **Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

### ALLERGENS

N/A

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# SLEEP SCIENCE® MELATONIN

HELPS PROMOTE SLEEP\*



**1 MG  
LOZENGE  
PEPPERMINT**

Call Your Sales  
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Place Your Order

800-777-5677

**SOURCE NATURALS, INC.**

23 Janis Way  
Scotts Valley, CA 95066  
SourceNaturals.com

## OVERVIEW

Sleep is essential to wellness, and health needs are at a higher level than ever before, yet as much as thirty-five percent of Americans get less than the recommended seven hours of sleep a night. Source Naturals® was the first to bring melatonin to the marketplace over 20 years ago because melatonin is integral to healthy sleep. The body naturally produces this important hormone to help regulate our sleep-wake cycle, but as we age, the ability to produce optimal levels often decreases. That's why we developed Sleep Science®, which expands our potencies, delivery forms, flavors, and formulas to meet people's unique sleep support needs.\*

## SELLING POINTS

- Helps promote sleep with melatonin, a favorite of travelers, night shift workers, and anyone who wants restful sleep
- Quick-dissolving form of melatonin
- Excellent alternative for those who don't like to swallow pills
- Great for travel
- Refreshing peppermint flavor\*

SKU	UPC	SIZE	TYPE
SN0709	0 21078 00709 8	100	LOZENGE
SN0710	0 21078 00710 4	200	LOZENGE
SN0711	0 21078 00711 1	300	LOZENGE

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# SLEEP SCIENCE® MELATONIN

HELPS PROMOTE SLEEP\*



**1 MG  
LOZENGE  
PEPPERMINT**

## Supplement Facts

Serving Size 1 Lozenge

Amount Per Serving	
Melatonin	1 mg†

†Daily Value not established.

### OTHER INGREDIENTS

Sorbitol, mannitol, magnesium stearate, natural peppermint flavor, and stearic acid.

### WARNING

USE ONLY AT BEDTIME. For adult use only. Not for use by children, teenagers, or women who are pregnant, may become pregnant, or breastfeeding. If you are under medical supervision, or have an autoimmune disease, diabetes, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs or corticosteroids such as hydrocortisone or prednisone, consult your physician before using this product. Do not take with alcoholic beverages or when operating machinery or driving a vehicle. STORE IN A COOL, DRY PLACE. **Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

### ALLERGENS

N/A

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