

Herb Pharm Mental Health Support*



Taking good care of your nervous system, including relaxation support, healthy mood support, and sleep support, are all foundational elements for supporting mental health.*

- **Good Mood™** - Promotes positive mood and healthy emotional balance.*
- **Holy Basil** - Revitalizing Ayurvedic herb traditionally used to support calm, focused energy and a balanced response to stress.*
- **Kava** - Promotes peaceful relaxation, reduces stress and frustration. Support for occasional & mild anxiety.*
- **Mind Soother™** - Designed to support your body's response to moments of occasional and mild anxiety. Calming, relaxing and soothing.*
- **Relaxing Sleep™** - Promotes relaxation and restful sleep.* Support for stressfulness; mild, occasional anxiety.*



Regenerative
Organic
Certified™



Certified
(B)
Corporation



Learn more - www.herb-pharm.com



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.