

MARCH 2024

CREATING A SENSE OF BELONGING

INSPIRING WOMEN @ SPROUTS



CELEBRATING WOMEN'S HISTORY MONTH WITH IWS!

On March 13, Inspiring Women @ Sprouts (IWS) hosted a **Communi-TEA networking event** virtually and in-person at the Support Office. Team members discussed various topics, exchanged information, and developed social contacts while enjoying hot tea.

Women's History Month commemorates and encourages the study, observance, and celebration of the vital role of women in American history. International Women's Day, observed on March 8, is a day to celebrate the social, economic, cultural, and political achievements of women. This year's theme was "Inspire Inclusion."

As a tie in to the celebrations this month, the IWS Communi-TEA event introduced conversation starters for attendees to discuss that related to Sprouts values of **Love Being Different**, **Own It**, and **Care** and included the following:

- In what ways have you seen your colleagues inspire inclusion?
- Tell us about a woman who inspires you.
- What is something you've accomplished recently that you're proud of?
- Coaching and feedback is directly tied to Sprouts value of Care. Think of an example of a time that you received feedback that was of great value to you.



[Learn more about IWS](#), and consider joining as a member or ally.

SABOR @ SPROUTS

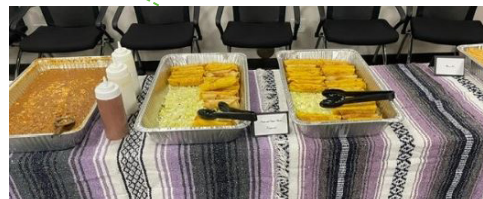
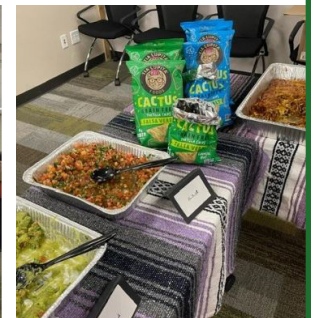
FIRST ANNUAL MEMBERSHIP MEETING!

Thank you to everyone who attended Sabor's First Annual Membership Meeting. We were fortunate to have **Tia Luptia Foods** join us to share their story and delicious food featuring samples of their chips, salsas, and hot sauce! [View photos from the event here.](#)

If you're interested in joining Sabor as a member or an ally, complete our [membership survey](#).



YUM!





SOULFUL LUNCH RECAP!

Thank you to all the team members that stopped by the SOULful lunch at the Support Office last month and sampled some of the foods that represent African/Black American culture. We enjoyed amazing dishes like fried chicken, cornbread, sweet potato pie, and mac & cheese just to name a few! In addition, SOUL @ Sprouts provided some history on how these foods became a staple in African/Black communities.

WOMEN'S HISTORY MONTH

In celebration of Women's History Month, SOUL @ Sprouts will highlight some of the extraordinary women in our TMRG! We look forward to introducing our SOUL @ Sprouts female leaders who share their unique legacies with us each day.

[Check out our SharePoint page](#) each week to learn more. Interested in joining SOUL @ Sprouts? [Click here](#) to sign up today as a member or ally.



RAINBOW ALLIANCE @ SPROUTS

INTERNATIONAL

TRANSGENDER

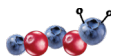
DAY OF VISIBILITY

TRANSGENDER DAY OF VISIBILITY

On March 31, Rainbow Alliance @ Sprouts will recognize International Transgender Day of Visibility (TDOV), a time to celebrate transgender and non-binary people around the globe and acknowledge the courage it takes to live openly and authentically.

[Learn More about TDOV](#), celebrate the transgender population, raise awareness, and advocate for the transgender community.

CLICK THE LOGOS BELOW TO VISIT EACH TMRG SHAREPOINT PAGE!



TMRGs @ Sprouts were established in 2021 and have evolved into four thriving groups. Participation in all TMRGs is voluntary and focused on creating a sense of community, belonging, and inclusivity at Sprouts. [Find out more and consider joining a group here.](#)