

MAY 2023

# TEAM MEMBER RESOURCE GROUPS (TMRG)

CREATING A SENSE OF BELONGING



## TMRG BOARD RECOGNITION



Sending a special SHOUT OUT to the following stores for creating AMAZING TMRG boards that help educate team members! Way to show our value of how we Love Being Different!

Members and allies of TMRGs feel engaged, build relationships with others with similar backgrounds and/or interests, and contribute to making Sprouts a better place to work.

[Share your store's inspiration and TMRG boards!](#)

### STORE 446



### STORE SUPPORT

### STORE 1



## WEDNESDAY, MAY 17: TMRG MENTAL HEALTH AWARENESS PANEL

Learn more about mental health by attending a Mental Health Awareness Month panel discussion with mental healthcare professionals on May 17, 2023 from 11am – 12:30pm (AZ time), in Workshop 1 in the Support Office, or [attend virtually](#). [Learn more about our panelists](#).

Additionally, Prepare Your Mind (PYM), will share their story and products with us during the panel discussion. [Learn more about PYM](#) and be sure to sample their mood chews on May 17.

## SOUL @ SPROUTS



### INSPIRING AND SUPPORTING OTHERS: IT'S MENTAL HEALTH AWARENESS MONTH

May is **Mental Health Awareness Month**, and SOUL @ Sprouts wants to hear what you do to take care of your mental health! All team members are encouraged to share their ideas and [post a comment](#).

Learn more about [mental health resources and partnerships for African American/Black communities](#).

Sprouts team members may also visit the member website [www.Member.MagellanHealthcare.com](http://www.Member.MagellanHealthcare.com) or call 1-800-327-0638 for compassionate and caring support.

### NEW BLACK-OWNED BRAND!



Prioritizing Mental Health, One Sip at a Time

We are excited to highlight a new Black-owned brand in our Innovation Center!

**Equitea** is a tea blend beverage enhanced with adaptogens for wellness. Check out [founder Quentin Vennie's mental health journey](#).

# INSPIRING WOMEN @ SPROUTS



## TAKE A LOOK AT THE INSPIRING WOMEN RECOGNITION WALL AT STORE 134!

Cathy Graham, Service Manager at Store #134, is a member of Inspiring Women and created a wall of "Inspiring Women" that she toured with Dan Sanders who presented her with an "Own It" pin for display of creativity and passion.

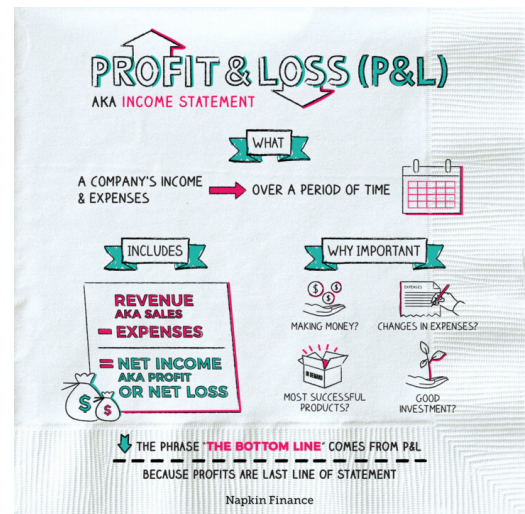


Cathy inspires the team at Store #134, daily, and we are proud to have her as our very own Inspiring Woman!

## MARK YOUR CALENDAR!

Join Inspiring Women @ Sprouts on **Wednesday, May 24, 2023**, for a workshop on **"How to Read a Profit and Loss (P&L) Statement."** A P&L contains a company's income and expense information for a specific time period. It's considered one of the most important documents for providing a snapshot of the financial health of a business.

This workshop is open to all team members at any stage in their careers. This is an excellent opportunity to build your business acumen. [Learn more about the event.](#)



## THANK YOU TO EVERYONE WHO HAS SHARED A STORY ABOUT AN "INSPIRING WOMAN!"

### HERE IS SOME FEEDBACK WE'VE RECEIVED:

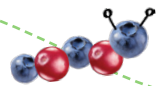


"Kaycie Drennan and Andrea Horvath are truly remarkable women within the Sprouts organization and I'm incredibly fortunate to work alongside them during this New Receiving ThinStore Roll Out! They take ownership and bring their passions to the table which has inspired me to do the same! Thank you for being such thoughtful, helpful, and HARDWORKING women who make receiving that much easier to conquer!"

- Natasha Napoliello, Receiver

"Team Member Sevilla Burns has been an inspiration to me since we crossed paths at Store #227. Her unwavering spirit she brings to work every day is contagious and shines in the support she shows to her team. Sevilla takes on challenges head on and is an example of determination. I am so thankful Sevilla has been a part of my Sprouts journey."

-Amy Culbertson, HR Project Lead, Response Team



"I'm inspired by our Beer and Wine Team made up of fantastic women (Karen Martinez, Kayla Gephart, Amanda Thompson, and Andi Smith) who work tirelessly to bring our customers their favorite beverages! In an industry where women have historically been in the vast minority, it has been a unique and exciting experience to collaborate with this strong team of hardworking, dedicated ladies!"

-Katie Woodcock, Category Manager, Wine

[Read more stories here!](#) Everyone, including allies, can [share information about the women who inspire you.](#)

# RAINBOW ALLIANCE @ SPROUTS



## MAY 17 IS INTERNATIONAL DAY AGAINST HOMOPHOBIA, TRANSPHOBIA AND BIPHOBIA

Awareness is key to helping to drive inclusivity, being mindful of your neighbors, and treating them with kindness and respect. [Learn more](#) about International Day Against Homophobia, Transphobia and Biphobia.

## JUNE IS PRIDE MONTH!



PRIDE month is almost here (June), and we want to hear from you! Share your stories about [what PRIDE means to you](#), and how you plan to celebrate our LGBTQ+ team members and community!

[Email](#) us your local community's PRIDE Festival dates to populate a calendar on our SharePoint page.



## PRONOUN PINS

Have you registered to receive your Pronoun pin? We have a few left!

[Request a pronoun pin here.](#)

# SABOR @ SPROUTS

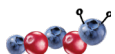
## PHOENIX SWING FOR MEXICO 2023 GOLF TOURNAMENT

Sabor @ Sprouts was a proud sponsor of the **Consulate General of Mexico** in the annual Phoenix Swing for Mexico 2023 Golf Tournament. The proceeds from the golf tournament will go to the IME Becas Scholarship for Mexican-origin students and women entrepreneurs in Arizona.

[Learn about the IME Becas Scholarship.](#)



**CLICK THE LOGOS BELOW TO VISIT EACH TMRG SHAREPOINT PAGE!**



TMRGs @ Sprouts were established in 2022 and have evolved into four thriving groups. Participation in all TMRGs is voluntary and focused on creating a sense of community, belonging, and inclusivity at Sprouts. [Find out more and consider joining a group here.](#)