



**JANUARY 2022**

**CELEBRATING SPROUTS TEAM MEMBERS**

**CELEBRATING THE GOODNESS OF WINTER AT SPROUTS**

Seasonal fruits and veggies are ripe and ready! All season long, we're highlighting the best and freshest produce for customers and team members to enjoy!

**GIVE IT A WHIRL JUICING & SMOOTHIE EVENT**

We have plenty of juicing and smoothie essentials to help our customers start fresh in 2022!



**LEMONS**

- ✔ Promotes hydration
- ✔ Aids digestion
- ✔ Improves skin quality

**GARLIC**

- ✔ Great for gut health
- ✔ Cleansing liver
- ✔ Blood thinning

**BEETS**

- ✔ Good source of potassium
- ✔ Supports the liver
- ✔ May reduce cholesterol



Be sure to head to The Vine and check out the **Sprouts Product Reels: Give it a Whirl! Juicing and Smoothies Event** video to learn more about the added benefits of ginger and kale in juices and smoothies.

**WALKIN' IN A CITRUS WONDERLAND**

Check out some of these amazing displays during our Walkin' in a Citrus Wonderland Event!



Store #403 – Los Angeles, CA



Store #510 – Las Vegas, NV



Store #616 – Winter Park, FL

# HEALTHY LIVING HERO

## ELIZABETH CALDWELL

Administrative Coordinator, store #458 - Silverdale, WA



"Before working at Sprouts, I worked from home for over a decade, and as a result, I had become quite sedentary, which caused me to gain weight. In July of 2019, I was able to get help from my doctors. Armed with new knowledge and new medications, I lost my first 75 pounds.

"Sprouts was opening a new store in the area, and it seemed like it might be a good job. I genuinely had no idea if I would be physically able to do it. My first few 8-hour shifts were brutal, and by my third shift, I could not make it the whole time and had to go home.

"I am so grateful for my leadership team, who recognized that I was struggling and gave me opportunities to slowly make a change. My schedule was reduced to four hours a shift, and as my strength increased, so did my hours. It wasn't too long before I could easily work a complete shift, logging up to 1800 steps and in those first 6 months or so shedding an additional 50 pounds. After a year in the Deli, I interviewed for and accepted the AC position in my store. I have more seated time but still plenty of activity to keep me going on my journey.

"I am thankful to Sprouts for not only providing me with a great discount on healthy groceries but for believing in me and seeing my potential when it was not always visible to everyone around me."

### ELIZABETH'S SPROUTS FAVORITES



Boar's Head Sandwiches



Chobani Yogurt



Izze Sparkling Juice



Fresh Baked Artisanal Bread

The Sprouts Healthy Communities Foundation will make a \$2,500 donation on Elizabeth's behalf to Bremerton Foodline, an organization that provides bags of emergency food to families with school age children.

Have you made a positive change in your health since you started working at Sprouts? Let us know about your healthy living journey by emailing your story to [communications@sprouts.com](mailto:communications@sprouts.com).

# CUSTOMER COMPLIMENTS

See what our customers are saying about the exceptional customer service you provide:

"I live in Redondo Beach and shop at Sprouts at least twice a week. There are two employees that work there that deserve to be recognized. Their names are Jonathan and Branden and they both work in the Meat and Seafood department. They are always willing to help, give good suggestions and are well informed. When I walk by the counter and see one of them there, I know I am going to get good service and always greeted with a smile. It's obvious they care about the customer. Sprouts is lucky to have them working there!" – Customer at **store #204 – Torrance, CA**

"I just want to say that I received exemplary customer service from your manager Shannon at the W Sahara location. She went above and beyond in the way she handled the issue, and I am one grateful customer. I have renewed faith in your brand and will continue to shop there knowing that any issues that come up will be handled in a caring and respectful manner always with the customer in mind. Thank you for the example you are setting for the industry!" Customer at **store #504 – Las Vegas, NV**

Head over to The Vine to find more customer compliments! You might discover you've gotten a shout-out from a happy customer!



# BRAVOCADO TO THE HOLIDAY BAKERY DISPLAY CONTEST WINNERS!

In December, we held a contest to see which stores could create the best holiday displays. The 1st place store will receive a free 8" pumpkin pie for all team members and the top 25 stores will be awarded a stocking stuffer surprise for each of the Bakery team members! Take a look at some of the amazing displays our Bakery teams created. Head over to [The Vine](#) for the full list of Bakery Display Winners!



1st place: store #510 – Las Vegas, NV



2nd place: store #255 – Woodland Hills, CA



3rd place: store #35 – Yuma, AZ

# Q4 2021 TEAM MEMBER APPRECIATION WEEK CONTEST WINNERS

Congratulations to the winning stores in each region who were selected based on their theme, decorations, activities, and food for Q4 Team Member Appreciation Week! Each of these stores will receive a \$500 gift card. [Visit The Vine to see the full list of winners and more photos from some of the winning store's TMAW festivities!](#)





**Donna Cruz**, Vitamin Manager at store #303 – Fort. Collins, CO, has been assisting her customer Betty for over 12 years! “Betty is 92 years old, and she loves our supplements and body care items. My favorite thing about Betty is she buys our apples and then she shares one with me,” Donna said!

Congratulations to **Tommy Grandys**, District Director, for celebrating his 8-year anniversary at Sprouts. Tommy was recognized with an in-store celebration from our leadership team. Thank you for your dedication to Sprouts!



**Ginny Van Manen**, Scan Coordinator at store #810 – Stillwater, OK, built the ultimate charcuterie board with her family for the holidays using Sprouts products. “90% of the table was built from Sprouts products! I purchased some items as they became available early in the season, but the majority of products were purchased using that wonderful 30% discount that we received,” Ginny said.

## HERE WE GROW AGAIN!



We welcomed two new stores to Sprouts in January! Our newest team members at **store #335 – Denver, CO** and **store #637 – Oakland Park, FL** are helping to bring goodness to their communities.

### WE WANT TO HEAR FROM YOU!

Do you have a great story about your Sprouts journey or how you've helped out in your community, or even a story about another stellar team member? Submit your stories to [communications@sprouts.com](mailto:communications@sprouts.com) for a chance to be featured.



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